



**TRAVIS DALE COUNSELING**  
**CLIENT INFORMATION – PARENT (Child Client)**  
(Revised October 2024)

Today's Date: \_\_\_\_\_

Referring Agency/Person: \_\_\_\_\_

Client Name: \_\_\_\_\_ Form Completed By: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Alternate Phone (cell): \_\_\_\_\_

E-Mail: \_\_\_\_\_ (Confidentiality of email communication cannot be guaranteed.)

Date of Birth: \_\_\_\_\_

Gender: Male \_\_\_\_\_ Female \_\_\_\_\_ Ethnicity: \_\_\_\_\_

**Birth History**

Where was the client born? \_\_\_\_\_

Did the client's mother have any illness, injuries or operations during pregnancy? Yes No

If yes, please describe: \_\_\_\_\_

Was the client adopted? Yes No

If yes, please describe adoption process: \_\_\_\_\_

**Family Information**

Mother's Name \_\_\_\_\_

Mother's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birthdate: \_\_\_\_\_ Occupation: \_\_\_\_\_

Employed by: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ (Home) \_\_\_\_\_ (Work)

\_\_\_\_\_ (Cell) \_\_\_\_\_ (Other)

Father's Name \_\_\_\_\_

Father's Address (if different) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birthdate: \_\_\_\_\_ Occupation: \_\_\_\_\_

Employed by: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ (Home) \_\_\_\_\_ (Work)

\_\_\_\_\_ (Cell) \_\_\_\_\_ (Other)

What is the status of the client's parents' relationship? \_\_\_\_\_

Names of Siblings:

Age of Siblings:

_____	_____
_____	_____
_____	_____
_____	_____

If parents are remarried or living with someone else, please give names and birthdates of step-family members:

Name of step-family members:

Relation

_____	_____
_____	_____
_____	_____
_____	_____

To which relatives does the client feel closest and why? \_\_\_\_\_

### **Developmental History**

Please describe any developmental delays or regressions (sleep difficulties, bed wetting, thumb-sucking, toilet training, etc): \_\_\_\_\_

Does the client have any particular fears? Please describe: \_\_\_\_\_

Has the client suffered any recent traumas or losses? (death of loved one/friend/pet, recent move, etc.):

What special interests or hobbies does the client have? \_\_\_\_\_

**Educational Information**

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

Did the client have any difficulty starting or continuing in school and if so, please describe? \_\_\_\_\_

How does the client do academically? \_\_\_\_\_

How does the client do socially? \_\_\_\_\_

To which friends does the client feel closest and why? \_\_\_\_\_

Describe any school problems: \_\_\_\_\_

What kinds of discipline have been used with the child? \_\_\_\_\_

What special interest, skills, or hobbies does the child have? \_\_\_\_\_

**Medical Information**

Doctor: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Date of last physical: \_\_\_\_\_

May we contact the client’s physician? Yes \_\_\_\_ No \_\_\_\_

Immunizations—are they current? Yes \_\_\_\_ No \_\_\_\_

Is client taking any medication or supplements? Yes \_\_\_\_ No \_\_\_\_ If yes, list below:

Medication/Supplement	Dosage/Frequency	Begin Date	End Date	Prescribing Physician

What past and present health issues, including pain, has the client experienced?

Past health issues: \_\_\_\_\_

Current health issues/symptoms: \_\_\_\_\_

History of hospitalizations(s): \_\_\_\_\_

Please describe the client’s current habits regarding nutrition and exercise: \_\_\_\_\_

Has the client ever had weight/growth problems? Yes \_\_\_\_ No \_\_\_\_

**Mental Health Information**

Has the client sought help in counseling or psychotherapy before? Yes No

If so, with whom? \_\_\_\_\_

Has the client ever been diagnosed with any of the following conditions? (please circle all that apply)

- Autism                  Anorexia                  Anxiety                  Asperger's
- Attention Deficit Disorder (ADD)          Attention Deficit Hyperactivity Disorder (ADHD)
- Bi-polar Disorder          Borderline Personality          Bulimia          Conduct Disorder
- Depression                  Learning Disability                  Oppositional Defiant Disorder (ODD)

**Abuse Information**

Is the client exposed to any substance use/abuse? Yes No

If yes, please describe: \_\_\_\_\_

Has the client experienced any emotional abuse? Yes No

If yes, please describe: \_\_\_\_\_

Has the client experienced any physical abuse? Yes No

If yes, please describe: \_\_\_\_\_

Has the client experienced any sexual abuse? Yes No

If yes, please describe: \_\_\_\_\_

**Presenting Concerns**

What is the problem for which you are seeking counseling for the client? \_\_\_\_\_

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What changes would you like to occur as a result of counseling? \_\_\_\_\_

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## INFORMED CONSENT

The following information is for your benefit so you can enter a cooperative counseling partnership in an informed manner. Counseling is a helping relationship for which you are voluntarily entering for assistance with specific and stated problems. It is expected that you will benefit from your counselor relationship, but there are no guarantees that you will. Keep in mind that it is common to feel worse before feeling better. It is also expected that the counseling relationship should end through mutual agreement once desired goals have been reached; however, you have the right to terminate counseling at any time. Understand that you have the right to refuse any recommended services, and to be advised of the consequences of that refusal.

## CONFIDENTIALITY

### Legal Confidentiality

By law, the counselor considers all information and issues presented in the course of counseling as privileged and confidential. Confidential information may be released only with the written consent of the person being treated or that person's legal guardian. State law also requires the release of confidential information under the following conditions:

1. The client threatens suicide.
2. The client threatens harm to another person(s), including murder, assault, or other physical harm.
3. The client is a minor (under age 18) and reports suspected child abuse, including but not limited to, physical beatings, and sexual abuse.
4. The client reports abuse of the elderly.
5. The client reports sexual exploitation by a counselor.

In addition, in certain circumstances, a judge may require court-ordered counseling records, a deposition or testimony from a counselor. The contemplation, commission of a crime or harmful act is not considered confidential communication.

### Consultation and Professional Training

In accordance with ethical standards, the counselor is required to participate in direct supervision. The counselor requires your consent to obtain professional supervision or collegial consultation outside our ministry when he/she feels it will facilitate the work with you/your family. Your name and any uniquely identifying information about you/your family will be deleted or changed to protect your identity. **Your signature on this form indicates your consent. Please let your counselor know if you are withholding consent.**

### Professional Records

The laws and standards of counseling require the keeping of case records. Records are locked and kept on site. You are entitled to receive a copy of your records or a summary of your care if you make a written request. These request forms for the summary of your care are available to you. Please note that these are professionally-held records and can be misinterpreted and/or upsetting to untrained readers. If you wish to see your records it is recommended that you review them with your counselor so that the contents can be discussed. You have the right to amend your record, if you find something disagreeable or concerning. Your record will NOT be disclosed to others unless you ask the counselor to do so in writing, or unless the law compels the counselor to do so. Communications between the counselor and client will otherwise be deemed privileged and confidential as stated under the laws of this state. You will be charged an appropriate fee for any professional time spent in responding to your request for information. Meetings will be scheduled at mutually convenient times.

## AUTHORIZATION TO TREAT

### Authorization for Treatment

My signature below indicates that I have read and understand this policy statement and its limits and have had my questions answered to my satisfaction. I accept, understand and agree to abide by the contents and terms of this agreement and further, I am voluntarily consenting to my counseling for specific and stated problems.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Counselor Signature and Credentials

\_\_\_\_\_  
Date

## FEES and AGREEMENT

*In order to be fully informed about the counseling you will be receiving, please read through this following agreement, sign and date it at the bottom. This form must be signed and the client information form must be completed before the first session.*

### **QUALIFICATIONS and AFFILIATION**

**Travis Dale** is a Board Certified Pastoral Counselor and Individual, Marriage and Family Counselor, with over 30 years of experience, who received a Master of Arts in Counseling/Marriage and Family Therapy from Ottawa University and a Bachelor of Science in Christian Ministries from Arizona Christian University. He also holds a ministerial license through the state of AZ. Travis Dale is not a behavioral health professional and cannot prescribe medicine or diagnose mental illness. Clients will be referred to outside sources when treatment required is beyond the scope of care available here.

### **COUNSELING FEES**

Payment is due at the beginning of each session and accounts must be kept current in order to continue counseling. Cash, checks (**payable to Travis Dale**), credit card or HSA/FSA card are accepted forms of payment. Please note that we do not accept insurance, and you are responsible to pay for services rendered.

#### **Fee Schedule:**

General Sessions (50 minutes): \$185 or agreed amount on sliding scale \_\_\_\_\_ (per session)

### **CLIENT EXPECTATIONS**

Please plan to arrive 5 minutes prior to your appointment so the session can begin on time. You may be asked to complete homework assignments, or read books in conjunction with your counseling. Your commitment to the counseling process will greatly determine the outcome of your experience.

### **CONFIDENTIALITY**

Your counselor will adhere to commonly accepted codes of privacy and confidentiality in counseling ethics. All counseling notes and client files are locked and only accessible to the counselor. There are situations, however,

in which the law requires that certain information can be revealed without your consent. Under the discretion of the counselor, if there is any indication that you may be a danger to yourself or others, or are involved in the abusing of a minor, your information may be disclosed to appropriate mental health services or law enforcement. Also, an issue may occasionally arise that would benefit from the counsel or involvement of a mental health professional.

**RIGHTS AS A CLIENT**

You are entitled to information about any procedures, methods of counseling, techniques and possible duration of recommended care. You have the right to end counseling at any time without any moral, legal or financial obligations other than those already accrued. You have the right to expect confidentiality within the limits described.

**CANCELLATION POLICY**

I request that you notify me at least 24 hours before your scheduled appointment time if you need to cancel or reschedule a session. There is *\$100 fee* or loss of prepaid session credit if you fail to give notice before 24 hours.

By signing below, you are acknowledging that you understand and accept the guidelines stated above.

Signed \_\_\_\_\_ Date \_\_\_\_\_

Counselor \_\_\_\_\_ Date \_\_\_\_\_